



9th September 2026

Dear parents and carers

Here at Sutton-on-Trent Primary and Nursery School we are committed to providing high-quality Personal, Social, Health and Economic (PSHE) education, to support your child's development and wellbeing throughout their time with us.

Reviewing our PSHE provision

We are currently reviewing our PSHE curriculum in line with the DfE's updated statutory guidance for Relationships, Sex and Health Education (published 2025, implementation from this September 2026). This is a positive opportunity to bring our curriculum content up to date in a changing world, whilst maintaining our age-appropriate focus on the core knowledge and essential skills that children need to navigate different aspects of their lives with confidence both in and beyond primary school.

At Sutton-on-Trent Primary and Nursery School we use Twinkl, as our comprehensive scheme of work. The programme consists of three main themes: Health and Wellbeing, Relationships and Living in the Wider World. These are further sub-divided into half termly units, taught over a 2 year period: It's My Body, Safety First, Growing Up, Think Positive; TEAM, Be Yourself, VIPs, Digital Wellbeing; Aiming High, One World, Money Matters and Diverse Britain. Each up-to-date unit contains lessons that build progressively through the school, developing children's emotional literacy, self-esteem, resilience and understanding how to build positive, healthy relationships. These are inextricably linked and woven through our School Vision and Values, further complemented by 'No Outsiders', celebrating diversity and cultural differences, taught through targeted weekly assemblies and in-depth half-termly stories. Relationships & Sex Education (RHSE) teaching has moved some sensitive content to the first part of the summer term, targeting older pupils in Thoresby and Wollaton classes. Previous parent consultation suggests these changes will be welcomed; pupils in Early years are unaffected.

Our vision and values



We celebrate the individuality and uniqueness of each child whilst building a strong school family.

The updated guidance enhances the Twinkl programme we already know and trust, rather than requiring radical changes. The strong foundations remain the same - we continue to focus on building the fundamental skills and knowledge children need - whilst ensuring our content reflects the world they are growing up in. An even greater emphasis on safeguarding, as well as responsibility for online safety, is threaded throughout this learning.

Your views matter

As part of our review, we have also considered how we adapt the programme content to best suit the needs and context of our school community. As part of this process, details are provided in the form of an overview to all parents attending Parent Evening appointments on **Wednesday 30th September 2026**. If, in response to this information, you have any further queries concerning the curriculum content or provision, you are invited to talk to us or make your views known to us, either directly through your class teachers, Mrs Jones (PSHE lead), or Mrs Hutchinson.

Working in partnership

We believe that PSHE education is most effective when schools and families work together. Your child's wellbeing, safety and personal development are at the heart of everything we do here at Sutton-on-Trent Primary and Nursery School, and we value your input as we ensure our curriculum continues to meet the needs of our school community, in an ever-changing wider world.

We look forward to sharing our provision with you and hearing your views.

Yours sincerely

Mrs Jones